

Mailing Address:
PO Box 797
Molalla, OR 97038

Pastor Dale Satrum



Phone: 503-829-5101
Fax: 503-829-9502

Finding Hope in Hard Times
“Discovering the Foundation for Our Hope”

(Part 1)

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Pastor Dale Satrum

I. Our Hope Is Built On The Foundation of _____

Ps. 33:20 “We put our hope in the LORD. He is our help and our shield.” (NLT)

A. A relationship with God is the foundation of our hope

Ps. 42:5 “Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise him again...” (NLT)

*Is. 40:31 “...but those who **hope in the LORD** will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.” (NIV)*

B. Hope is experienced only as we _____ relationally to God

*Rom. 15:13 “May the God of hope fill you with all joy and peace **as you trust in him**, so that you may overflow with hope by the power of the Holy Spirit. (NIV)*

*Heb. 6:18-19 “Therefore, we who have **fled to him for refuge** can have great confidence as we hold to the hope that lies before us. This hope is a strong and trustworthy anchor for our souls...” (NLT)*

II. Our Hope Is Built On The Foundation of _____

Ps. 119:114 “You are my refuge and my shield; I have put my hope in your word.” (NIV)

A. Embracing God’s word as _____ gives hope

Ps. 119:160 “All your words are true; all your righteous laws are eternal.” (NIV)

II Tim 3:16-17 “All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work.” (NLT)

Rom. 15:4 “For everything that was written in the past was written to teach us, so that through endurance and the encouragement of the Scriptures we might have hope.” (NIV)

B. Obeying God’s word _____ gives hope

Ps. 119:35 “Make me walk along the path of your commands, for that is where my happiness is found.” (NLT)

Ps. 119:45 “I will walk in freedom, for I have devoted myself to your commandments.” (NLT) God’s word doesn’t restrict our lives, it liberates them!

Ps. 119:143 "As pressure and stress bear down on me, I find joy in your commands." (NLT)

James 1:25 "But if you look carefully into the perfect law that sets you free, and if you

do what it says and don't forget what you heard, then God will bless you for doing it." (NLT)

III. Our Hope Is Built On The Foundation of _____ False Hopes

A. We must identify and remove all false hopes

Ps. 33:17 "A horse is a **false hope** for victory; nor does it deliver anyone by its great strength." (NASB)

B. We must be able to _____ truth from lies

John 8:44 (Jesus referring to the devil) "... He was a murderer from the beginning. He has always hated the truth, because there is no truth in him. When he lies, it is consistent with his character; for he is a liar and the father of lies." (NLT)

Jer. 23:16 "This is what the LORD Almighty says: "Do not listen to what the prophets are prophesying to you; they fill you with **false hopes**. They speak visions from their own minds, not from the mouth of the LORD." (NIV)

Rom. 10:11 "Anyone who trusts in the Lord will **NEVER** be disappointed." (NCV)