

Is This It? Isn't There Something More?

"Is There More To Happiness"

(Part 5)

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I. Happiness is the result of embracing _____

Mark 12:30-31 "And you must love the LORD your God with all your heart, all your soul, all your mind, and all your strength." The second is equally important: "Love your neighbor as yourself." No other commandment is greater than these." (NLT)

A. Intimacy with God results in happiness

Ps. 16:11 "You will make known to me the path of life; In Your presence is fullness of joy; In Your right hand there are pleasures forever." (NASB)

B. Intimacy with each other results in happiness

II. Happiness is the result of following _____

Ps. 1:1-3 "Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. But they delight in the law of the LORD, meditating on it day and night. They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do." (NLT)

A. Following God's word protects us from wrong paths

B. Following God's word results in blessing

III. Happiness is the result of accepting God's _____

Rom. 5:3-5 "We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. And endurance develops strength of character, and character strengthens our confident hope of salvation. And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love." (NLT)

A. Trails are part of the journey

B. Trials are God's opportunities for us to grow

IV. Happiness is the result of embracing _____

Ps. 127:2 It's useless to rise early and go to bed late, and work your worried fingers to the bone. Don't you know he enjoys giving rest to those he loves? (Message)

Ecc. 2:22-23 "So what do people get in this life for all their hard work and anxiety? Their days of labor are filled with pain and grief; even at night their minds cannot rest. It is all meaningless." (NLT)

- A. Life out of balance leads to unhappiness
- B. Practicing God's principals of rest results in joy

V. Happiness is the result of choosing _____

I Thess 5:18-19 "Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus. Do not stifle the Holy Spirit"

- A. An ungrateful heart stifles the Holy Spirit in our lives
- B. Choosing to be thankful is the path to happiness

Phil. 4:8-9 "And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you." (NLT)

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