

“What’s Holding You Back?”

“Relationships”

(Part 4)

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Pastor Dale Satrum



Heb. 12:1 “...let us strip off every weight that slows us down... And let us run with endurance the race God has set before us.” (NLT)

I. Establish Relationships That Help You Run The Race

Prov. 2:20 “Follow the steps of good men instead, and stay on the paths of the righteous...” (NLT)

A. People going in the same spiritual direction

Matt. 6:33 “Seek the Kingdom of God above all else, and live righteously...” (NLT)

Eph. 4:1 “Therefore I, a prisoner for serving the Lord, beg you to lead a life worthy of your calling, for you have been called by God.” (NLT)

B. People who have similar life priorities

I Cor. 1:10 “I appeal to you, dear brothers and sisters, by the authority of our Lord Jesus Christ, to live in harmony with each other. Let there be no divisions in the church. Rather, be of one mind, united in thought and purpose.” (NLT)

1. Relationship with God
2. Marriage
3. Parenting
4. Serving God

C. People with a similar spirit

Phil. 2:2 “then make my joy complete by being like-minded, having the same love, being one in spirit and purpose.” (NLT)

Prov. 29:23 “Pride ends in humiliation, while humility brings honor.” (NLT)

Prov. 22:24-25 “Don’t befriend angry people or associate with hot-tempered people, or you will learn to be like them and endanger your soul.” (NLT)

II. Distance Yourself From People Who Hold You Back

Prov. 1:15 “My child, don’t go along with them! Stay far away from their paths.” (NLT)

Prov. 13:20 “Walk with the wise and become wise; associate with fools and get in trouble.” (NLT)

- A. Distance yourself graciously
- B. Distance yourself truthfully
- C. Distance yourself purposely

III. Allow Others To Speak Into Your Life

Ex. 18:17-19 “This is not good!” Moses’ father-in-law exclaimed. “You’re going to wear yourself out—and the people, too. This job is too heavy a burden for you to handle all by yourself. Now listen to me, and let me give you a word of advice, and may God be with you.” (NLT)

- A. Allow others to help you think differently

Prov. 12:15 “Fools think their own way is right, but the wise listen to others.” (NLT)

Prov. 19:20 “Get all the advice and instruction you can, so you will be wise the rest of your life.” (NLT)

- B. Allow others to help you act differently

Heb. 10:24-25 “Let us think of ways to motivate one another to acts of love and good works... ” (NLT)

- C. Allow others to help you grow spiritually

*Eph. 4:16 “He makes the whole body fit together perfectly. As each part does its own special work, **it helps the other parts grow**, so that the whole body is healthy and growing and full of love.” (NLT)*