

Pressure Points
“The Stress of MONEY”
Part 2
Feb. 19, 2017
Pastor Dale Satrum



1. **Learn to be** _____

- Our discontent _____ our stress over money
Phil. 4:11-13 “...for I have learned how to be content with whatever I have. ¹² I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. ¹³ For I can do everything through Christ, who gives me strength.” (NLT)
- Allow _____ to be the source of contentment not money
John 10:10 “The thief’s purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life.” (NLT)
- Allow your _____ to be a source of contentment not money

2. **Learn to avoid** _____

*Ecc. 4:4 “Then I observed that most people are motivated to success because they **envy their neighbors**. But this, too, is meaningless—like chasing the wind.” (NLT)*

- Comparing _____ stress over money
- Substitute comparing with _____
I Thess. 5:18 “Be thankful in all circumstances, for this is God’s will for you who belong to Christ Jesus.” (NLT)

Col. 3:17 “And whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father.” (NLT)

3. **Learn to live within your** _____

I Tim. 6:8-9 “So if we have enough food and clothing, let us be content. ⁹ But people who long to be rich fall into temptation and are trapped by many foolish and harmful desires that plunge them into ruin and destruction.” (NLT)

- Decide to live _____
- Create and follow a _____
Prov. 21:5 “Good planning and hard work lead to prosperity, but hasty shortcuts lead to poverty.” (NLT)

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Page 1

4. Learn to _____ God

Prov. 3:5-6 "Trust in the LORD with all your heart; do not depend on your own understanding.⁶ Seek his will in all you do, and he will show you which path to take." (NLT)

- Think about money as _____

II Cor. 8:7 "Since you excel in so many ways—in your faith, your gifted speakers, your knowledge, your enthusiasm, and your love from us—I want you to excel also in this gracious act of giving." (NLT)

II Cor. 9:8 "And God will generously provide all you need. Then you will always have everything you need and plenty left over to share with others." (NLT)

Ii Cor. 9:10-11 "...He will provide and increase your resources and then produce a great harvest of generosity in you..."¹¹ Yes, you will be enriched in every way so that you can always be generous." (NLT)

- Practice generosity as _____

II Cor. 8:11-12 "...Give in proportion to what you have."¹² Whatever you give is acceptable if you give it eagerly. And give according to what you have, not what you don't have." (NLT)

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Discussion Questions:

1. Discuss how our discontentment can set us up for creating additional stress over money. Share your own personal struggle with this.
2. How can our relationship with Jesus and our relationships with others help reduce the stress over money? How do we discover contentment in these places rather than money?
3. How have you struggled with making comparisons? How has this robbed you of joy and created additional stress over money?
4. How is gratitude the antidote for comparisons?
5. Why is choosing to live simple so difficult and so countercultural? Why do we feel like we have to live a "bigger and better" game?
6. Why is learning to trust God so difficult? Why is this such a stress reducer when we finally experience it? Share your own personal journey and experiences with this to encourage others.

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Page 2