

Identity Crisis: Discovering Who You Really Are

“Who we listen to matters”

Part 1

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1. What we believe about ourselves matters

- Belief _____ behavior
- Wrong belief will _____ wrong behavior

Rom. 8:5-8 “For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. ⁶ For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. ⁷ For the mind that is set on the flesh is hostile to God, for it does not submit to God’s law; indeed, it cannot. ⁸ Those who are in the flesh cannot please God.” (ESV)

- Following Jesus is impossible without _____
Matt. 14:31 “Jesus immediately reached out and grabbed him. “You have so little faith,” Jesus said. “Why did you doubt me?” (NLT)

2. Identifying the wrong voice

Col. 2:8-10 “See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the elemental spiritual forces of this world rather than on Christ. ⁹ For in Christ all the fullness of the Deity lives in bodily form, ¹⁰ and in Christ you have been brought to fullness...” (NIV)

- The voice that you’re not _____
- The voice that you’re _____
- The voice of _____
- The voice of _____
- The voice of _____
- The voice of _____
- The voice of fear and _____
- The voice of _____

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- The voice of _____

3. Believing the right voice

John 8:32 "And you will know the truth, and the truth will set you free." (NLT)

- God cannot _____ about you
- Believing what God says will _____ new behavior

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Discussion questions:

1. Discuss how belief influences our behavior. Give some examples from your own life experiences.
2. Why is following Jesus victoriously impossible without right belief?
3. How can listening to the wrong voices take us captive?
4. Discuss the list of wrong voices given. Which ones have you heard? Which ones have you believed and allowed to influence your actions?
5. Why do we struggle so much fully believing what God says about who we really are?
6. Discuss the "Who I Am in Christ" handout. How do these statements make you feel? How can these truths influence your actions and lifestyle?

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